Exercise Science & Sports Medicine is designed to provide students with an introduction to the area of fitness training, athletic training, and therapeutic careers. Students will be prepared to work as a rehabilitation aide, or move on to college for further study of athletic training, strength and conditioning, physical therapy, or occupational therapy.

Program Highlights:
- Explore a wide range of career options related to personal/group fitness, athletic training, and physical and occupational therapy
- Assess an individual's overall fitness, endurance and nutritional status to develop a personal improvement plan
- Use professional equipment and techniques to assist with injury prevention and rehabilitation

The Program Focuses on the Following State Approved Courses:
- Nutrition and Wellness
- Fitness Evaluation and Assessment
- Medical Terminology
- Exercise and Athletic Training

COST-FREE COLLEGE CREDIT OPPORTUNITIES

Career Technical Assurance Guides (CTAGs)
- CTES001: Introduction to Exercise Science (3 Credit Hours)
- CTES002: Fitness and Health Foundation (3 Credit Hours)
- CTMT001: Medical Terminology (3 Credit Hours)

Articulated Credits through Hocking College – Up to 5 Credit Hours
Articulated Credits through the University of Northwestern Ohio – 3 Credit Hours

INDUSTRY-RECOGNIZED CREDENTIALS (POINT VALUES)
- AMCA Physical Therapy Aide Certification (12 Points)
- CPR First Aid (1 Point)
- National Healthcareer Association (NHA) – Certified Phlebotomy Technician (CPT) (12 Points)

SIMULTANEOUS CREDIT OPPORTUNITIES
- Juniors have the opportunity to earn a simultaneous Anatomy & Physiology Science credit

OHIO MEANS JOBS OCCUPATIONS LISTED ACCORDING TO TYPICAL SALARY

<table>
<thead>
<tr>
<th>OCCUPATION TITLE</th>
<th>TYPICAL SALARY-BOTTOM 10%</th>
<th>TYPICAL SALARY-MEDIAN</th>
<th>TYPICAL SALARY-TOP 10%</th>
<th>TYPICAL EDUCATION</th>
<th>ANNUAL JOB OPENINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exercise Trainers and Group Fitness Instructors</td>
<td>$19,250</td>
<td>$28,410</td>
<td>$53,640</td>
<td>HS Diploma or Equivalent</td>
<td>1,900</td>
</tr>
<tr>
<td>Massage Therapists*</td>
<td>$20,150</td>
<td>$48,000</td>
<td>$66,070</td>
<td>Postsecondary Certificate</td>
<td>460</td>
</tr>
<tr>
<td>Athletic Trainers</td>
<td>$36,530</td>
<td>$48,560</td>
<td>$64,600</td>
<td>Master’s Degree</td>
<td>90</td>
</tr>
<tr>
<td>Physical Therapist Assistants*</td>
<td>$44,970</td>
<td>$60,720</td>
<td>$81,460</td>
<td>Associate’s Degree</td>
<td>970</td>
</tr>
<tr>
<td>Occupational Therapist Assistants*</td>
<td>$46,410</td>
<td>$61,020</td>
<td>$80,700</td>
<td>Associate’s Degree</td>
<td>560</td>
</tr>
<tr>
<td>Occupational Therapists*</td>
<td>$57,690</td>
<td>$86,120</td>
<td>$119,690</td>
<td>Master’s Degree</td>
<td>350</td>
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<tr>
<td>Physical Therapists*</td>
<td>$64,160</td>
<td>$89,680</td>
<td>$121,300</td>
<td>Doctoral or Professional Degree</td>
<td>480</td>
</tr>
</tbody>
</table>

*Denotes an In-Demand Occupation in the State of Ohio

JOB OUTLOOK COMPILED BY OHIO MEANS JOBS AS OF SEPTEMBER 2021; VISIT OHIOMEANSJOBS.COM FOR MORE INFORMATION.
EXERCISE SCIENCE & SPORTS MEDICINE

TECHNICAL CAREERS
- Occupational Therapist Assistant
- Physical Therapist Assistant
- Massage Therapist
- Certified Personal Trainer
- Group Fitness Instructor
- Wellness Coordinator
- Tactical Strength and Conditioning Facilitator

PROFESSIONAL CAREERS
- Physical Therapist
- Occupational Therapist
- Certified Athletic Trainer
- Health Care Administrator
- Certified Strength and Conditioning Specialist
- Exercise Physiologist
- Nutritionist/Dietitian
- Art/Music/Dance Therapist
- Physical Education or Health Instructor
- Physician Assistant
- Orthopedic Surgeon
- Health Information Specialist
- Therapeutic Recreation Specialist

ENTRY-LEVEL CAREERS
- Rehabilitation Aide
- Fitness Area Attendant
- Wellness Center Staff

ACADEMICS

PROFESSIONAL SKILLS

EXPERIENCES

PASSION