

EXERCISE SCIENCE & SPORTS MEDICINE

2018-2019



Exercise Science & Sports Medicine is designed to provide students with an introduction to the area of fitness training, athletic training, and therapeutic careers. Students will be prepared to work as a rehabilitation aide, or move on to college for further study of athletic training, strength and conditioning, physical therapy, or occupational therapy.

Program Highlights:

- Explore a wide range of career options related to personal/group fitness, athletic training, and physical and occupational therapy
- Assess an individual's overall health, fitness and nutritional status to develop a personal improvement plan
- Use professional equipment and techniques to assist with injury prevention and rehabilitation

The Program Focuses on the Following State Approved Courses:

- Nutrition and Wellness
- Fitness Evaluation and Assessment
- Medical Terminology
- Exercise and Athletic Training
- Athletic Injuries and Prevention



COST-FREE COLLEGE CREDIT OPPORTUNITIES

Career Technical Credit Transfer (CT2)

- CTES001: Introduction to Exercise Science (3 Credit Hours)
- CTES002: Fitness and Health Foundation (3 Credit Hours)
- CTMT001: Medical Terminology (3 Credit Hours)

Articulated Credits through Hocking College – Up to 5 Credit Hours

INDUSTRY-RECOGNIZED CREDENTIALS (POINT VALUES)

- AMCA Physical Therapy Aide Certification (12 Points)
- CPR First Aid (1 Point)

SIMULTANEOUS CREDIT OPPORTUNITIES

- Juniors have the opportunity to earn a simultaneous Anatomy & Physiology Science credit

OHIO MEANS JOBS OCCUPATIONS LISTED ACCORDING TO TYPICAL SALARY

OCCUPATION TITLE	TYPICAL SALARY-BOTTOM 10%	TYPICAL SALARY-MEDIAN	TYPICAL SALARY-TOP 10%	EDUCATION LEVEL	ANNUAL JOB OPENINGS
Fitness Trainers and Aerobics Instructors	\$18,420	\$25,850	\$55,810	HS Diploma or Equivalent	1,600
Massage Therapists*	\$18,890	\$34,480	\$62,090	Postsecondary Non-degree Award	460
Athletic Trainers	\$34,430	\$46,570	\$62,450	Bachelor's Degree	90
Physical Therapist Assistants*	\$43,630	\$57,470	\$77,400	Associate's Degree	1,010
Occupational Therapist Assistants*	\$44,170	\$58,620	\$77,460	Associate's Degree	580
Occupational Therapists*	\$57,550	\$83,460	\$121,180	Master's Degree	370
Sports Medicine Physicians*	\$57,780	\$187,200	\$187,200	Doctoral or Professional Degree	530
Physical Therapists*	\$61,950	\$85,800	\$115,640	Doctoral or Professional Degree	530

JOB OUTLOOK COMPILED BY OHIO MEANS JOBS AS OF OCTOBER 2018; VISIT OHIOMEANSJOBS.COM FOR MORE INFORMATION.

*Denotes an In-Demand Occupation in the State of Ohio

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EDUCATION WITH PURPOSE
CAREER TREE



TECHNICAL CAREERS

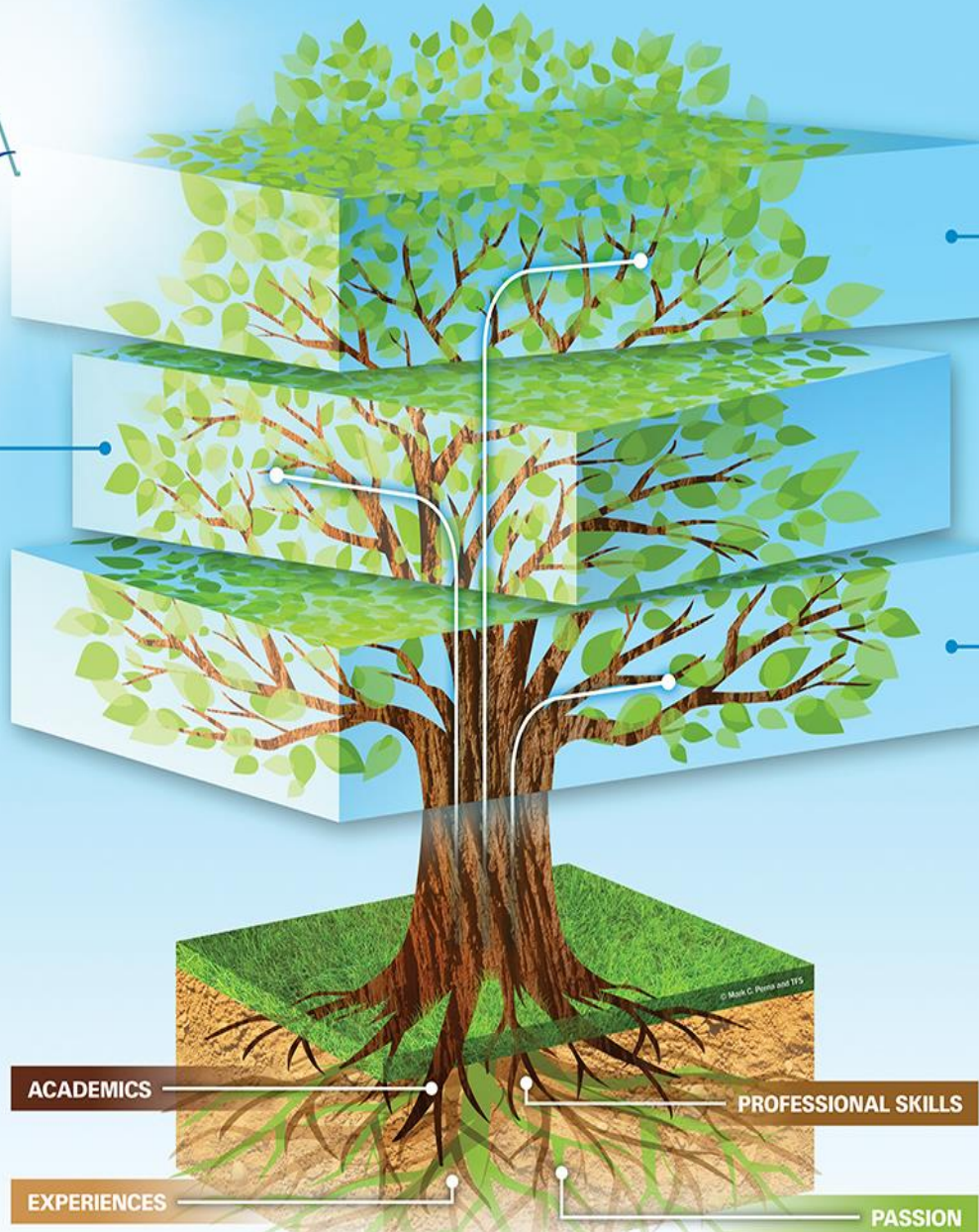
- Occupational Therapist Assistant
- Physical Therapist Assistant
- Massage Therapist
- Certified Personal Trainer
- Group Fitness Instructor
- Wellness Coordinator
- Tactical Strength and Conditioning Facilitator

PROFESSIONAL CAREERS

- Physical Therapist
- Occupational Therapist
- Certified Athletic Trainer
- Health Care Administrator
- Certified Strength and Conditioning Specialist
- Exercise Physiologist
- Nutritionist/Dietitian
- Art/Music/Dance Therapist
- Physical Education or Health Instructor
- Physician Assistant
- Orthopedic Surgeon
- Health Information Specialist
- Therapeutic Recreation Specialist

ENTRY-LEVEL CAREERS

- Rehabilitation Aide
- Fitness Area Attendant
- Wellness Center Staff



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For Career Tree® tools and materials please visit TFSresults.com and call our team at 930.840.2690.